

Nutrition and Health of Urban Poor Children in INDIA

Key Indicators from NFHS - 3

	Urban Poor	Urban Non Poor	Overall Urban	Overall Rural	All-India
Nutritional Status of Children[#] (0-59 months)					
Chronic undernutrition among children					
Children who are stunted (%)	54.2	33.2	39.6	50.7	48.0
Children who are severely stunted (%)	28.1	12.9	17.7	25.7	23.7
Acute undernutrition among children					
Children who are wasted (%)	20.8	14.9	16.8	20.8	19.8
Children who are severely wasted (%)	7.3	4.9	5.6	6.7	6.4
Underweight among children					
Children who are underweight (%)	47.1	26.2	32.7	45.6	42.5
Children who are severely underweight (%)	17.4	7.8	10.8	14.4	17.5
Anaemia among children (6-59 months)¹					
Children with anaemia (%)	71.4	59.0	63.0	71.5	69.5
Children with severe anaemia (%)	5.1	2.2	3.1	2.8	2.9
Infant and Young Child Feeding Practices					
Breastfeeding²					
Children under 5 years who were breastfed within one hour of birth (%)	27.3	31.5	30.3	22.4	24.5
Children under 5 years who received a prelacteal feed ³ (%)	44.0	52.1	50.2	59.8	57.2
Children age 0-5 months exclusively breastfed ⁴ (%)	44.7	38.6	40.7	48.6	46.4
Complementary feeding⁵					
Children age 6-9 months receiving solid/semi-solid food and breast milk (%)	56.2	66.1	63.1	54.7	56.7
Children age 6-23 months fed food rich in vitamin A* (%)	35.7	44.3	41.7	37.4	38.5
Children age 6-23 months fed food rich in iron** (%)	13.7	15.1	14.6	10.1	11.3
Children 6-23 months fed complementary food in appropriate frequency*** (%)	38.0	45.7	43.4	40.9	41.5
Nutrition and Health Services - Access and Utilization					
Children under 6 years of age living in areas covered by an <i>Anganwadi</i> (%)	53.3	49.1	50.4	91.6	81.1
Children 6-59 months given iron supplements in last 7 days (%)	3.2	8.7	7.0	3.8	4.7
Children 6-59 months given deworming medication in last 6 months (%)	9.4	15.1	13.3	11.5	11.9
Children 0-59 months ⁶ who received supplementary food almost daily (%)	16.4	7.9	11.0	12.1	11.9
Children 0-59 months ⁶ weighed at least once in the last three months (%)	5.0	2.0	2.9	4.2	4.0
Children 12-35 months completely immunized ⁷ (%)	39.9	65.4	57.6	38.6	43.5
Children 12-35 months receiving measles immunization (%)	52.6	80.1	71.8	54.2	58.8
Children 12-35 months left out from UIP (Children not receiving DPT 1) (%)	29.5	9.8	15.6	27.0	24.0
Children 12-35 months dropping out from UIP (DPT 1 to DPT 3) (%)	19.1	13.2	15.3	22.6	20.7
Childhood Morbidity and Treatment⁸					
Children who had diarrhoea in the last 2 weeks (%)	8.9	8.9	8.9	9.0	9.0
Children with diarrhoea in the last 2 weeks who received ORS (%)	24.9	36.3	32.6	23.8	26.0
Children with diarrhoea in the last 2 weeks taken to a health facility (%)	55.1	69.0	64.5	58.2	59.8
Children with acute respiratory infection (ARI) in the last 2 weeks (%)	6.1	4.4	5.1	6.0	5.8
Children with ARI in the last 2 weeks taken to a health facility (%)	76.1	79.4	78.1	66.3	69.0

NFHS-3 used three nutritional status indices (stunting, wasting and underweight) expressed in SD units (SD) from the median of 2006 WHO International Reference Population. Stunting implies low height-for-age. Wasting implies low weight-for-height. Underweight implies low weight-for-age. Children are classified as stunted/underweight/wasted if their corresponding SD is less than -2 of 2006 WHO reference population median. Children are classified as severely stunted/underweight/wasted if their corresponding SD is less than -3 of 2006 WHO reference population median.

1 Anaemia: Haemoglobin (Hb) <11 g/dL; Severe Anaemia: Hb <7g/dL

2 For most recent live birth, ever breastfed, living with mother

3 Received something other than breastmilk during the first three days of life

4 In 24 hours preceding the NFHS-3

5 For most recent live birth, living with mother, receiving the food in last 24 hours preceding the enquiry

6 For children covered by an Anganwadi

7 BCG, measles, and three doses each of DPT and polio vaccine (excluding polio vaccine given at birth)

8 For children under-five years of age

* Pumpkin, carrot, sweet potato yellow and orange inside, dark green leafy vegetables, ripe mangoes, papaya, jackfruit

** Meat, organ meats, fish, other meats, egg, poultry

*** Two times for breastfed infants 6-8 months, 3 or more times for breastfed children 9-23 months and 4 or more times non-breastfed children 6-23 months